

ON-LINE LECTURE

“Self-Efficacy in Physical Therapy Rehabilitation”

streamed live from Los Angeles to the Czech Republic

on Thursday May 13, 2021
5 p.m. (central Europe time)

Self-efficacy is an important psychological factor in rehabilitation outcomes. Self-efficacy beliefs determine how people feel, think, motivate themselves, and behave as they journey to recovery. In this lecture, I will introduce the concepts and evidence regarding measurements of cognition and affect in physical therapy rehabilitation with an emphasis on self-efficacy. I will discuss how this can be included and utilized in your rehabilitation practice as well as research.



free of charge | a link to Zoom included in the email



Kimiko Yamada
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Dr. Yamada is an Associate Professor of Clinical Physical Therapy in the University of Southern California (USC) Division of Biokinesiology and Physical Therapy. She teaches in the Doctor of Physical Therapy program and she practices at USC Physical Therapy, a faculty-run practice where she specializes in orthopaedic, lymphedema, and oncology-related disorders. She is involved in clinical physical therapy research and has authored publications related to self-efficacy and low back pain. She created the Low Back Activity Confidence Scale (LoBACS) and has validated it with patients with acute and chronic low back pain. She authored an independent study course for the Academy of Orthopaedic Physical Therapy on Measures of Cognition and Affect. She continues to examine how self-efficacy levels impact outcomes in chronic conditions like low back pain as well as oncology related disorders.



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